

## Join Sage women for March 22 'growth-oriented discussion and support group focused on healthy, conscious aging'

Come join the circle of Sage women (55-plus), a free interactive, growth-oriented discussion and support group focused on healthy, conscious aging. The next meeting will be held on Saturday, March 22, from 11 a.m.-1 p.m. at the Del Mar Community Center. Each month the group explores ways to embrace both the challenges and opportunities of the aging process and to turn this "harvest time" of life into a new phase of self-development, creativity, awareness and service. The group honors each woman's wisdom, gifts and unique perspective and believe that "the rest of our life can be our best life."

Facilitators: Shanti Mayberry HHP, Ph.D., assisted by Teri Tilker LCSW; RSVP: doc.shanti@yahoo.com.

Del Mar Community Center is located at 225 9th St., Del Mar, Calif. 92014.

## Casa de Amistad fundraiser to be held March 15

Casa de Amistad is holding a "Sowing Seeds of Success" fundraiser on Saturday, March 15, at the Del Mar Country Club. The event will be a champagne brunch and silent auction in support of Casa de Amistad, the Solana Beach organization dedicated to fostering education and character development for disadvantaged students in North Coastal San Diego. The event will be held from 11 a.m. to 2 p.m. at the club, on 6001 Clubhouse Drive in Rancho Santa Fe.

Through its Study Companions program, Casa de Amistad volunteers serve as tutors and mentors for K-12 Latino students in the community. Students and their mentors meet twice a week throughout the school year at their donated space at Solana Beach Presbyterian Church. Students also have access to a computer lab for schoolwork, where most of the equipment has been generously donated.

Tickets for "Sowing Seeds of Success" are \$100. For more information on the fundraising event or volunteer tutoring, visit [casadeamistad.org](http://casadeamistad.org) or contact Nicole Mione-Green at [director@casadeamistad.org](mailto:director@casadeamistad.org) or call (858) 509-2509.

## Spectacular series of food and wine pairings will support local community initiatives

By Karen Powell, Del Mar Village Association Board Member

The popular Vintner Dinner Series returns to Del Mar in support of the Del Mar Village Association. Throughout 2014 several restaurants in the Village will open their doors for a remarkable evening of exquisite wines and delectable dishes.

This exclusive culinary series launched at Sbicca on Feb. 5 and will include upcoming evenings hosted by Pacifica Del Mar on March 23 and Jake's on Sept. 28. These limited seating events promise an unforgettable night of camaraderie and epicurean delight. Menus are comprised of chef inspired five and six course prix-fixe menus complemented by handpicked selections of local California wines.

The Vintner Dinners will not only showcase the talents of the area's top chefs, but raise funds to be put directly back into local community services, goods and programs. Each of the participating restaurants will contribute food at cost, allowing profits to be collected from ticket sales.

The Del Mar Village Association is a locally-run non-profit organization that is committed to the beautification and preservation of the downtown Del Mar area. The organization has supported a number of local initiatives including recycling programs, installment of park benches, creation of historic plaques and the development of visi-



tor guides and maps. The organization also works to tie the community together through holiday events, downtown decorations and festivities throughout the year.

Ticket cost for each event is \$85 per person, or \$75 per person for a group with 8 or more guests. For more information, visit [www.delmarmainstreet.com](http://www.delmarmainstreet.com) or call 858-735-3650.

## San Diego Seasonal Fairs to put on Carmel Valley Spring Fair March 8

San Diego Seasonal Fairs, a local organization that plans and organizes community events, will hold its Spring Fair in Carmel Valley on Saturday, March 8. The event, which is free and open to all ages, will run from 11 a.m. to 3 p.m. at (Su-

per Dentists) 11943 El Camino Real San Diego, CA 92130.

Events and activities will include food trucks, bounce houses, face painting, balloon artists, prizes, live music, and more.

The highlight of the Spring Fair will be an elementary and middle school talent show contest. The winner school of the show will receive a \$10,000 Continued Education Grant, sponsored by the Super Dentists of San Diego.

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