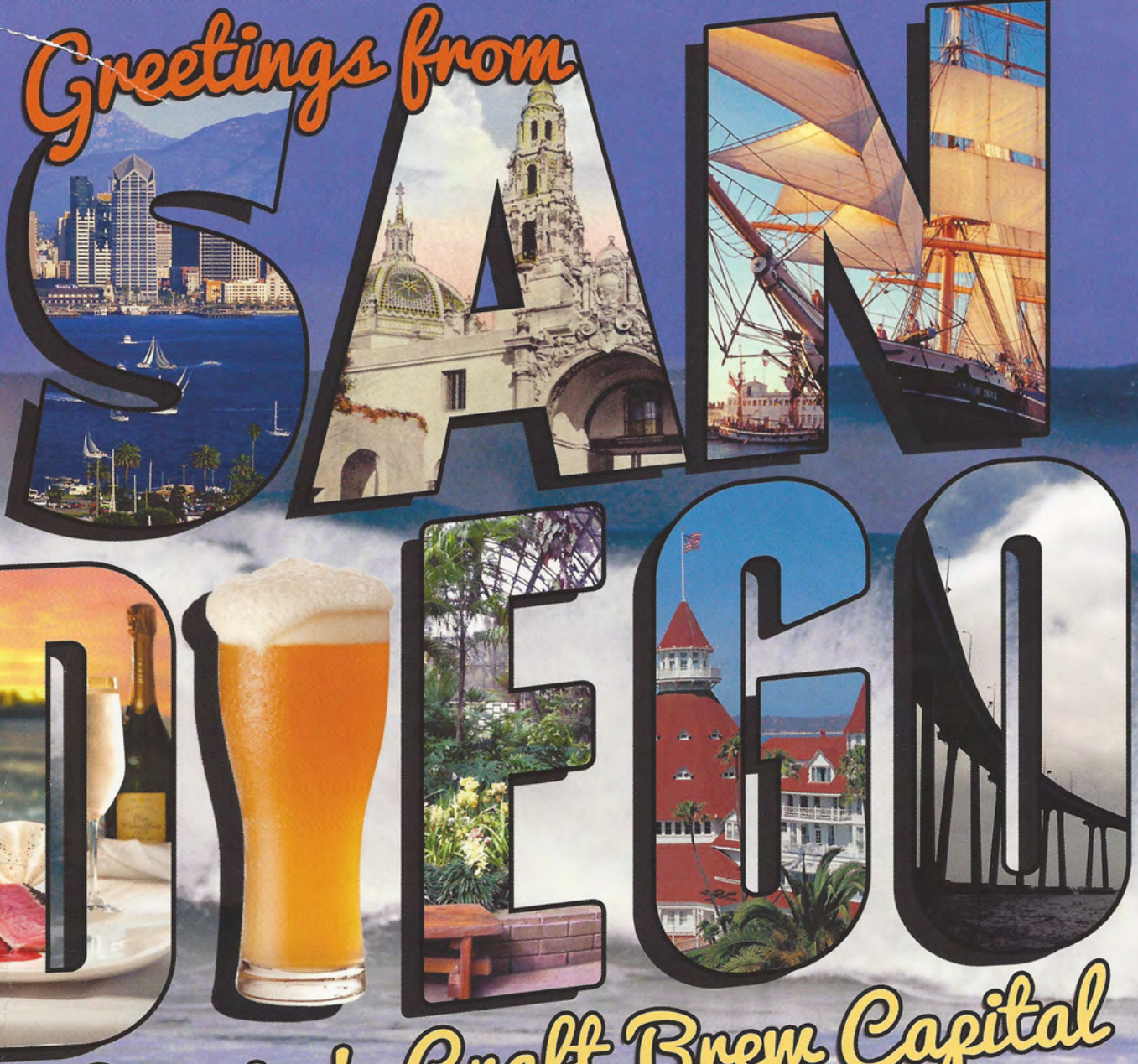


RANCH & COAST

GO'S ULTIMATE LIFESTYLE MAGAZINE

OCTOBER 2013

Greetings from



America's Craft Brew Capital

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Del Mar Plaza's 15th on 15th

Shop, dine, and drink it all in at Del Mar Plaza on October 15, when retailers and restaurants will join forces to offer special tastes and promotions. The happenings change each month, allowing shoppers new perks each time. Save at men's and women's premium clothing boutiques including Peaches en Regalia, Urban Girl



Accessories, White House Black Market, and more. Art aficionados can enjoy one-of-a-kind exhibitions at Erik Skoldberg Gallery and Del Mar Art Center. Beauty services will be discounted at Del Mar Nails and Spa and Haim Ltd. Salon. For specials on dining and

drinks, visit Pacifica Del Mar, Il Fornaio, Del Mar Rendezvous, and Shimbashi Izakaya. To preview specific offerings, visit the event Web site. And be sure to save the date for a special 15th on 15th event on November 15, when Pacifica Del Mar and *Ranch & Coast* join forces to present a fashion show luncheon in support of the Challenged Athletes Foundation's Operation Rebound. (www.15thon15th.com)

La Jolla Art & Wine Festival

October 12-13, the La Jolla Art & Wine Festival will transform Girard Avenue and the surrounding area into an art and wine lovers' paradise featuring



the works of over 150 established artists from San Diego, Los Angeles, Orange County, Baja, and beyond. This year's event welcomes veterans from years past, as well as newcomers including Steve Cambronne from Georgia, whose '50s-inspired metal sculptures

celebrate the tiki era. An expansive wine and beer garden will highlight over 20 premier wineries from around the world as well as a handful of San Diego's nationally renowned breweries. Children can paint a car donated by Witt Lincoln, take art or dance classes, and much more. Other highlights include live music and roving entertainment. Profits will benefit underfunded programs at four local public elementary and middle schools within the San Diego Unified School District. (www.ljawf.org)



Jake's Fun Run

Jake's Del Mar presents its 31st Annual Jake's Del Mar Beach Fun Run on Saturday, November 2, at noon. The 5K takes place on the beach, starting and finishing at Jake's. Race awards will be given to first place finishers for men and women. There are also awards for the oldest and youngest persons to finish, as well as the baby stroller division. Entry fees are \$25 for adults (children under 12 are \$15), and include a T-shirt, barbecue, drinks, live music, and more. Registration is underway, or sign up the day of at 10:30am. Proceeds from the race will be donated by the Jake's Del Mar Legacy of Aloha Program to the La Colonia Branch of the Boys & Girls Clubs of San Dieguito. (858.755.2002, www.jakesdelmar.com)

OktoberWest

The 4th Annual OktoberWest takes place on Saturday, October 12, from 11am-3pm. Sample chef Eugenio Martignago's farm-fresh creations in a



UPPER: COURTESY PHOTO. LITTLE ITALY FESTA, PHOTO COURTESY OF THE LITTLE ITALY ASSOCIATION

fun and festive environment. Menu highlights include a whole rotisserie slow-cooked suckling pig, bratwurst, weiner schnitzel, spaetzle, veal cheeks, strudel, and more. \$35 in advance; \$40 day of event. Must be 21 years of age. (760.930.8008, www.bistrowest.com)

Little Italy Festa

On Sunday, October 13, Little Italy San Diego will celebrate its 19th anniversary with Little Italy Festa! from 10am-6pm. Savor the tantalizing sights, sounds, and aromas of Italian culture including cuisine, music, and arts and crafts, as well as a tribute to San Diego's rich Italian American heritage. Enjoy Italian food served al fresco throughout the neighborhood, music on 3 stages, cooking



demonstrations/contests, chalk art painting, a kids zone, Italian motorsports exhibit, bocce ball tournament, and more. (www.littleitalysd.com)