

# RANCH & COAST

SAN DIEGO'S ULTIMATE LIFESTYLE MAGAZINE

NOVEMBER 2012

Return To  
Americana



Chefs' feast at The  
Lodge at Torrey Pines



## Tastiest Tastes

Congrats to those who earned top honors at this year's Taste & Art Stroll in Del Mar. First place by attendee vote goes to Del Mar Rendezvous for their delicious Walnut Shrimp. Additional top 5 "Tastiest Tastes" (in alphabetical order) include: Fifty-Six and Five, Jake's Del Mar, Kitchen 1540, and Sbicca Del Mar. Cheers!



Del Mar Rendezvous' Walnut Shrimp



Fifty-Six and Five's Seared Dungeness Crab Cake with Bourbon Cream Corn and Cilantro Lime Aioli



Jake's Del Mar's Ahi Poke Tacos



Kitchen 1540's Lobster Potato Skins



Sbicca Del Mar's Lobster & Shrimp Bisque



Seasons 52

## Welcoming A New Season

Opening late November, Seasons 52 at Westfield UTC is a fresh grill and wine bar that celebrates the bounty of farmers' markets — 52 weeks a year. The menu is orchestrated by award-winning chef Clifford Pleau, and is constantly evolving to highlight the harvest of each season. Cooking techniques such as wood-fire grilling, brick-oven cooking, and roasting ensure flavor-packed and healthy dining options — none of which are more than 475 calories. Enjoy signature flatbreads such as Steak and Cremini Mushroom and Spicy Chipotle Shrimp, and entrees including Cedar Plank Roasted Salmon, Seasonal Vegetarian Tasting, and Grilled Filet Mignon. An award-winning wine list encompasses more than 100 selections, with 52 offered by the glass. Take a seat in the circular piano bar, the casually sophisticated indoor dining area, in one of two private dining rooms, at the chef's table, or on the dynamic patio. (858/450-1252, [www.seasons52.com](http://www.seasons52.com))